



# St. Vincent Sports Performance Center

**Sport and Performance Psychology Services**

## **Authorization to Release or Disclosure of Health Information**

**To be completed by patient or patient's parent/guardian, if under the age of 18 years:**

Patient's Name: \_\_\_\_\_

DOB: \_\_\_\_\_

I authorize the release of \_\_\_\_\_'s psychological and health information to those professionals who are actively involved in the athletic and academic affairs of the patient (e.g., Doctor's, coaches, athletic personal, learning specialists, and other support staff who work directly with the athlete).

I exclude the release and/or disclosure of this information to the following individuals:

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

**If under the age of 18 years:**

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date